

**NBWA SAFETY TRAINING VIDEO
DISTRACTED DRIVING: A CHOICE YOU MAKE**

Name: _____

Date: _____

Please either circle correct answer or complete the sentence.

1. Statistics show that 80 percent of all crashes and 65 percent of near crashes involve some type of _____.
2. Drivers using cell phones, handheld or blue tooth, are _____ times as likely to get into crashes serious enough to injure themselves.
3. Using a cell phone (handheld or hands free) while driving delays a driver's reactions as much as having a blood alcohol concentration of _____ percent.
4. If you need to make or take a call while driving
 - a. Check your surroundings and try to maintain safe distance from vehicle ahead
 - b. Pull off the road into a parking lot or other safe place away from other drivers
 - c. All of the above
5. Despite being banned in 43 states, this is a national epidemic becoming one of the country's top killers: _____ while driving.
6. If you are traveling on a highway and need to make an adjustment to controls inside the vehicle, make sure to have plenty of _____ between you and the vehicle in front of you. Recommended following distance is a *minimum* of _____ seconds.
7. Using _____ makes it easy to hear your favorite songs from your favorite player, but makes it nearly impossible to hear what is going on around your vehicle. They should never be used while driving.
8. Take a moment or two before you leave to
 - a. Make sure everything is secure inside the vehicle
 - b. Make sure everything you may need is within reach
 - c. All of the above
9. If you are lost
 - a. Try to figure it out while continuing to drive on the road
 - b. Pull over and find the correct route before continuing
 - c. All of the above

Employee Signature