

NBWA SAFETY TRAINING VIDEO
SAFE BACKING

Name: _____

Date: _____

Please either circle correct answer or complete the sentence.

1. Always do a complete walk around of the vehicle before getting in to become acquainted with when and where you'll be backing.
2. If you have a spotter, use them.
3. If you are backing:
 - a. Turn on your flashers
 - b. Turn off your radio and roll down your window
 - c. Make sure your mirrors are adjusted correctly and that they are clean
 - d. all of the above
4. Remember that it could take _____ feet for the trailer to change direction after you turn the steering wheel. You must allow for reaction time of the trailer.
 - a. 2-4 feet
 - b. 4-6 feet
 - c. 6-8 feet
 - d. None
5. Start the backing movement as close to the target as possible. This reduces the distance your vehicle will have to travel in reverse.
6. Back Slowly. This helps you maintain control of your vehicle, ensures correct distance judging, and prevents damage from backing too fast.
7. Do not jack your truck more than a 90 degree angle.
8. To be sure you are correctly judging distance to the rear, stop about 3/4 of the way, set the brake, get out and take another look before continuing.
9. Always remember the GOAL (which means Get Out And Look) if you are not sure of where you are in relation to what you could possibly hit.

Employee Signature